

# RECOMMENDED ACTIONS DURING WILDFIRE SMOKE AND OTHER UNHEALTHY AIR QUALITY EVENTS



## SCHOOL DISTRICTS

### HOW TO USE THIS CHART

#### STEP 1

Find the current local air quality conditions (AQI) at [fire.airnow.gov](http://fire.airnow.gov). To find forecasted air quality conditions go to [AirQuality.org](http://AirQuality.org).

#### STEP 2

Once you know the AQI nearest your school or outdoor event, use the table below to help you plan and make decisions during a wildfire smoke event or anytime the AQI increases.

ACTIVITY	LEVEL 1 GOOD	LEVEL 2 MODERATE	LEVEL 3 UNHEALTHY FOR SENSITIVE GROUPS	LEVEL 4 UNHEALTHY	LEVEL 5 VERY UNHEALTHY SCHOOL CLOSURE MAY BE CONSIDERED <sup>2</sup>	LEVEL 6 HAZARDOUS SCHOOL CLOSURE MAY BE CONSIDERED <sup>2</sup>
AQI	0-50	51-100	101-150	151-200	201-300	≥301
<b>RECESS (15 MIN)</b>	No Restrictions	Ensure sensitive individuals <sup>1</sup> are medically managing their condition	Sensitive individuals <sup>1</sup> should exercise indoors or avoid vigorous outdoor activities  Allow individuals who complain of difficulty breathing to play indoors	Exercise indoors or avoid vigorous outdoor activities  Sensitive individuals <sup>1</sup> or any individual who complains of difficulty breathing should remain indoors	No outdoor activity  All activity should be moved indoors or discontinued	No outdoor activity  All activity should be moved indoors or discontinued
<b>PHYSICAL EDUCATION CLASS (60 MIN)</b>	No Restrictions	Ensure sensitive individuals <sup>1</sup> are medically managing their condition	Sensitive individuals <sup>1</sup> should exercise indoors or avoid vigorous outdoor activities  Make indoor space available for sensitive individuals <sup>1</sup>  Increase rest periods and substitutions to lower breathing rates	Exercise indoors or limit vigorous outdoor activity to maximum 15 minutes  Sensitive individuals <sup>1</sup> or any individual who complains of difficulty breathing should remain indoors	No outdoor activity  All activity should be moved indoors or discontinued	No outdoor activity  All activity should be moved indoors or discontinued
<b>ATHLETIC PRACTICE/ SCHEDULED SPORTING EVENT</b>	No Restrictions	Ensure sensitive individuals <sup>1</sup> are medically managing their condition	Ensure sensitive individuals <sup>1</sup> are medically managing their condition  Reduce vigorous exercise to 30 minutes per hour  Increase rest periods and substitutions to lower breathing rates	Reduce vigorous exercise to 30 minutes per hour  Increase rest periods and substitutions to lower breathing rates  Sensitive individuals <sup>1</sup> should remain indoors	Practice or event should be rescheduled, moved indoors or discontinued	Practice or event should be rescheduled, moved indoors or discontinued
<b>SCHEDULED OUTDOOR EVENT</b>	No Restrictions	Ensure sensitive individuals <sup>1</sup> are medically managing their condition	Ensure sensitive individuals <sup>1</sup> are medically managing their condition	Decrease duration of events exceeding two hours  Consider rescheduling or relocating event	Event should be rescheduled, moved indoors or discontinued	Event should be rescheduled, moved indoors or discontinued

<sup>1</sup> Sensitive Individuals include anyone with asthma or other heart/lung conditions. Those with asthma should follow their asthma action plans and keep their quick-relief medicine handy.

<sup>2</sup> To meet waiver approval conditions due to emergency conditions (Form J-13A) from the State Superintendent of Public Instruction, poor air quality must be shown to be caused by an emergency event such as a wildfire.